



Muslim Travel Club
A Community of Reflective Muslims

CHAPTER 2: WHERE THE HEART FINDS REST

A SPIRITUAL RETREAT BY HAFIZAH GHAZALI

1 North Bridge Road #08-08
Travel License No. TA03692 / Registration No. 202346796M

ACCOMMODATIONS & FLIGHTS					
4 — 13 DECEMBER 2026					
AMMAN		JERUSALEM		WADI RUM	
Gerasa Hotel 4 – 6 Dec 11 - 12 Dec		Hashimi Hotel 6 – 10 Dec		Hasan Zuweida Glamp 10 – 11 Dec	
SINGAPORE TO AMMAN					
Date	Flight Details	From	To	Departure	Arrival
4 Dec 2026 (8h 5min)	Qatar Airways QR943	SIN	DOH	10:15	13:20
4 Dec 2026 (3h 5min)	Qatar Airways QR400	DOH	AMM	16:00	19:05
AMMAN TO SINGAPORE					
Date	Flight Details	From	To	Departure	Arrival
12 Dec 2026 (2h 30min)	Qatar Airways QR401	AMM	DOH	20:35	23:05
13 Dec 2026 (7h 35min)	Qatar Airways QR944	DOH	SIN	08:40	21:15
25kg Check-In 7kg Cabin Baggage allowance for all flights, per person					

ESTIMATED PRAYER TIMINGS AMMAN & JERUSALEM					
Fajr	Sunrise	Zohor	'Asar	Maghrib	Isya'
0554	0721	1227	1513	1732	1839
0453	0624	1133	1418	1636	1801

PROGRAMME		
DAY	TIME	ACTIVITY
Day 1 Singapore 4 Dec, Friday	0630	Gather at Changi Airport Terminal 1
	0715	Check-In Counter Opens
	0815	Gather for Quick Briefing & Du'a
	0845	Clear Immigrations
	0915	Boarding starts
	1015	Flight takes off
	1320	Arrival in Doha: Transit for 2h 40min
	1500	Boarding starts
	1600	Flight takes off
	1905	Arrival in Amman: Immigrations Clearance
	Evening	Dinner in Amman
		Hotel Check-In Rest
Day 2 Amman 5 Dec, Saturday	Morning	Jemaah Fajr: University of Jordan Mosque
		Morning Dhikr & Opening Halaqah
		Breakfast starts
		GUIDED AMMAN TOUR: 1. Amman Citadel 2. Ashabul Kahfi (Cave of 7 Sleepers) 3. Opening Lunch at Bab Yemen 4. Maqam Nabi Shuayb AS 5. Maqam Nabi Yusha' AS
	Evening	Dinner at Balad Amman + Exploration
		Return to Hotel & Rest
Day 3 Amman > Jerusalem 6 Dec, Sunday	Morning	Jemaah Fajr: University of Jordan Mosque
		Breakfast Starts
		Check-Out: Proceed to King Hussein Border
		Arrival at King Hussein Border: Clear Immigrations
	Afternoon	Proceed to Jerusalem
		Check-In & Rest
		Lunch
		First Prayers at Al Aqsa: Jamak Takhir Zohor-'Asar

	Evening	Evening Dhikr & Tadabbur Al Aqsa
		Jamak Taqdim Maghrib-Isya'
		Dinner & Rest
Day 4 Jerusalem 7 Dec, Monday	Morning	Jemaah Fajr, Morning Dhikr & Halaqah
		Rest & Wash Up
		Breakfast starts
		GUIDED OLD CITY & JERUSALEM TOUR (PART 1): 1. Al Aqsa Historical Tour 2. Mount Olive 3. Siraj Al Quds School & Society for the Blind & Special Needs
	Afternoon	Lunch & Prayers Break
		GUIDED OLD CITY & JERUSALEM TOUR (PART 2): 1. Maqam Shaddad Ibn 'Aws RA 2. Maqam Ubadah Ibn Shomit RA 3. Maqam Nabi Daud AS (Synagogue) 4. Church of the Holy Sepulchre 5. Four Quarters of the Old City
	Evening	Jamak Taqdim Maghrib-Isya'
		Dinner & Rest
Day 5 Hebron 8 Dec, Tuesday	Morning	Jemaah Fajr, Morning Dhikr & Halaqah
		Rest & Wash Up
		Breakfast starts
		Proceed to Hebron
		HEBRON TOUR: 1. Maqam Nabi Ibrahim AS 2. Maqam Sarah RA 3. Maqam Nabi Ishaq AS 4. Maqam Rifqah RA 5. Maqam Nabi Yusuf AS
	Afternoon	Proceed to Beit Ummar
		BEIT UMMAR TOUR: 1. Farmers' Introductions 2. Lunch & Prayers with Beit Ummar Family 3. Visit PokoKita Farms 4. Plant a Tree
	Evening	Return to Jerusalem
		Arrival at the Hotel: Dinner & Rest
Day 6 Jerusalem 9 Dec, Wednesday	Morning	Jemaah Fajr, Morning Dhikr & Halaqah
		Rest & Wash Up
		Breakfast starts
		Free & Easy: Rest, Personal Worship, Lunch, Shopping in the Old City etc.

	Evening	Evening Dhikr & Halaqah
		Jamak Taqdim Maghrib-Isya'
		Dinner & Rest
Day 7 Jerusalem > Wadi Rum 10 Dec, Thursday	Morning	Jemaah Fajr, Morning Dhikr & Halaqah
		Rest & Wash Up
		Breakfast starts
		Check-Out: Proceed to Allenby Bridge
		Arrival at Allenby Bridge: Clear Immigrations
		Proceed to Wadi Rum
	Afternoon	Break: Jamak Taqdim Zohor-Asar & Lunch
		Proceed to Wadi Rum
	Evening	Arrival in Wadi Rum: Check-In & Jamak Taqdim Maghrib-Isya'
		Dinner
		Evening Halaqah
		(OTOT) Stargazing & Rest
Day 8 Wadi Rum > Mu'tah > Amman 11 Dec, Friday	Morning	Jemaah Fajr: Central Tent
		Sunrise Jeep Tour
		Breakfast Starts
		Check-Out: Proceed to Mu'tah
		GUIDED MU'TAH TOUR: - Maqam Ja'far Ibn Abi Talib RA - Maqam Zayd Ibn Haritha RA - Maqam Abdullah Ibn Rawahah RA
	Afternoon	Jamak Taqdim Zohor-Asar & Lunch
		Proceed to Amman
	Evening	LEISURE AMMAN TOUR: 1. Rainbow Street 2. Balad Amman
		Dinner at Balad Amman
		Check-In: Jamak Takhir Maghrib-Isya' & Rest
Day 9 Amman 12 Dec, Saturday	Morning	Jemaah Fajr: University of Jordan Mosque
		Morning Dhikr & Closing Halaqah
		Breakfast starts (Check-Out)
		Visit Tiraz Centre: World's Largest Dress Archive

	Afternoon	Lunch with Palestinian sister
		Jamak Takhir Zohor-Asar: King Hussein Mosque
	Evening	Proceed to Amman Airport
		Arrival in Amman Airport: Clear Immigrations
		Boarding starts
		Flight takes off
		Arrival in Doha: Transit for 9h 35min
Day 10 Singapore 13 Dec, Sunday	Morning	Boarding starts
		Flight takes off
	Evening	Arrival in Singapore

BACKGROUND INFORMATION OF PLACES OF VISIT	
Ashabul Kahfi (Cave of 7 Sleepers)	Mentioned in Surah al-Kahf, these were young believers who fled persecution and were miraculously preserved in sleep for years. The site in Jordan is widely associated with this story. Today, it stands as a place of reflection on faith under pressure. Less known: the Qur'an does not fix the exact location — multiple sites exist, reminding us the lesson matters more than geography.
Amman Citadel	Perched on one of Amman's highest hills, the Amman Citadel holds layers of the city's long history — from the Ammonites and Romans to the Byzantine and early Islamic periods. Its ruins, including the Temple of Hercules and Umayyad Palace, overlook modern Amman, offering a striking view of how an ancient city continues to live and grow around its past.
Maqam Nabi Shuayb AS	Associated with the Prophet Shu'ayb AS, who called his people to honesty in trade and justice. The site is traditionally linked to him. Today, it invites reflection on ethics in daily dealings. Less known: his story in the Qur'an strongly emphasises economic justice — a timeless societal concern.
Maqam Nabi Yusha' AS	Traditionally linked to Yusha' ibn Nun (Joshua), successor to Musa AS. While exact burial locations are uncertain, this site is locally revered. Today, it represents continuity of leadership after great trials. Less known: he is associated in tradition with the conquest of Bayt al-Maqdis.
Siraj Al Quds School and Society for the Blind and Special Needs	An institution serving the blind and special needs community in Jerusalem. Today, it represents resilience, dignity, and service under occupation. Less known: it is one of the few specialised centres of its kind in the region, quietly nurturing independence and purpose.
Mount Olive	A historic ridge east of Al-Aqsa Mosque, overlooking the Old City and part of the blessed lands where Prophet Isa ibn Maryam was sent. While not explicitly mentioned in Islamic sources, it is closely associated with his life in Christian tradition. Less known: it has served as a burial ground for thousands of years.

Maqam Salman AL Farisi RA	A companion known for his long journey in search of truth before embracing Islam. He travelled across lands and faiths before recognising the Prophet ﷺ. This maqam is traditionally associated with him. Today, it symbolises sincere seeking.
Maqam Rabiatul Adawiyah RA	A revered early Muslim woman known for her deep love of Allah. While her widely accepted burial is in Basra, this site reflects local tradition. Today, it invites reflection on love beyond fear and hope. Less known: she is remembered for her concept of loving Allah purely for His sake.
Maqam Nabi Ibrahim AS	Located in the Ibrahimi Mosque, this site is traditionally associated with the burial of these noble figures. A central prophet in Islam, known as <i>Khalilullah</i> (the close friend of Allah), who upheld pure monotheism despite immense trials. His life is a model of surrender, trust, and unwavering faith. Less known: Hebron is among the oldest continuously inhabited cities in the world.
Maqam Sarah RA	The wife of Ibrahim AS and mother of Ishaq AS, known for her patience and trust in Allah's promise — even when it seemed impossible. She was honoured with the glad tidings of a child in old age.
Maqam Nabi Ishaq AS	The son of Ibrahim AS and Sarah RA, a prophet who carried forward the legacy of faith and righteousness. From his lineage came many prophets, including Nabi Ya'qub AS and his son, Nabi Yusuf AS.
Maqam Rifqah RA	The wife of Ishaq AS and mother of Ya'qub AS, known for her strength and role in continuing the blessed lineage of prophets. Her story reflects trust in divine destiny and family legacy.
Maqam Nabi Yusuf AS	Traditionally associated with Prophet Yusuf AS. While historical certainty varies, the site remains significant locally. Today, it reflects on trials, patience, and eventual honour. Less known: his story is called “the best of stories” (Ahsan al-Qasas) in the Qur'an.
Maqam Shaddad Ibn 'Aws RA	A companion known for narrating hadith on sincerity and ihsan: “Allah has prescribed ihsān (excellence) in all things. So when you kill, kill well; and when you slaughter, slaughter well. Let one of you sharpen his blade and spare suffering to the animal he slaughters.” (Sahih Muslim). Today, it reminds visitors of inner excellence. Less known: he also reported the famous hadith on seeking forgiveness (Sayyid al-Istighfar).
Maqam Ubadah Ibn Shomit RA	A companion involved in the conquest of Bayt al-Maqdis and early governance. Today, it reflects the legacy of justice and leadership. Less known: he was among those from Yathrib (Pre-Madinah) who pledged allegiance at 'Aqabah, meaning he committed to Islam before it had strength, and remained firm even when it later gained power.
Maqam Nabi Daud AS (Synagogue)	A site associated with Prophet Daud AS, though exact locations differ. Today, the place sits in a synagogue, reflecting layered religious histories. Less known: Dawud AS was both a prophet and a king, embodying justice and devotion.
Church of the Holy Sepulchre	A major Christian site believed to mark the crucifixion and burial of Prophet 'Isa AS (according to Christian belief). Today, it stands within the Old City. Less known: Caliph 'Umar RA refused to pray inside to preserve its status as a church.
AL Aqsa Historical Tour	One of the 3 sacred mosques in Islam and the first qiblah. Today, it remains a place of worship and resilience. Less known: the entire compound — not just the main prayer hall — constitutes AL-Aqsa.

4 Quarters of the Old City	Divided into Muslim, Christian, Jewish, and Armenian quarters. Today, each reflects distinct communities and histories. Less known: this division is relatively recent (Ottoman-era classification), not an original structure.
Maqam Ja'far Ibn Abi Talib RA	A companion and martyr of the Battle of Mu'tah. Today, it stands as a symbol of sacrifice. Less known: he was given the title "Ja'far al-Tayyar" (the one who flies in Jannah).
Maqam Zayd Ibn Haritha RA	The beloved companion and adopted son of the Prophet ﷺ, and the first commander at Mu'tah. Today, it reflects loyalty and leadership. Less known: he is the only companion mentioned by name in the Qur'an.
Maqam Abdullah Ibn Rawahah RA	A companion known for his poetry and courage, martyred at Mu'tah. Today, it reflects conviction in moments of hesitation. Less known: he momentarily hesitated before battle — then chose faith over fear.
Rainbow Street	A vibrant street blending cafes, culture, and modern Jordanian life. Today, it is a social hub. Less known: it sits atop one of Amman's historic hills, reflecting the city's layered past.
Balad Amman	The historic heart of Amman, filled with markets, mosques, and daily life. Today, it reflects continuity amidst change. Less known: Amman was once known as Rabbath Ammon, dating back to ancient civilisations.